

# BREAKFAST

## BONUS BUYS

- 4 Bagels with Topping** 20
- Breakfast Pastry Box (6 items)** 20  
*Mix & Match: Cinnamon Rolls, Muffins or Scones*

**Bagel with Toppings** 5.5  
*Choice of: Kosher Salt, Everything Mix, Cinnamon Sugar, or Blueberry with your Choice of Schmear: Cream Cheese, Dairy-free Cream Cheese, or Earth Balance*

**Bagel Sandwiches** (Call ahead for availability)

- Bagel and Egg with Dairy-free Cheese and Turkey Bacon** 9
- Vegan - Dairy-free Cheese, Tomato and JUST Vegan Patty** 9

- Cinnamon Rolls** 4
- Muffins** 4
- Scones** 4
- 3 Pack of Donuts** 4

# TREATS

## BONUS BUYS

- Sweet Tooth Assortment** 15  
*One cupcake, one brownie or bar, one cookie and one breakfast item (excluding bagel)*

- Cookies** 3  
*House Flavors: Chocolate Chip, Double Chocolate Chip, Mock Sour Cream Sugar Cookie, Gingersnap, Sweet Potato Snickerdoodle, Pecan Mexican Wedding, Seasonal Flavors as Available*
- Cookie Sandwich** 5  
*Vanilla or Chocolate Whipped Frosting*
- Brownies** 5  
*Award-Winning Dark Chocolate, Egg-Free Fudgy Brownie, 'Mock Milk' Chocolate, Seasonal: Black Forest with Organic Cherries*
- Cupcakes** 4  
*House Flavors: Chocolate, Red Velvet, and Vanilla Custom Flavors Available. See our "Cakes" Section for Details*

# LUNCH

## BONUS BUYS

- Sandwich Lunch** 13  
*Sandwich, Chips, and a Cookie*
- Sub Fresh Veggies** .5
- Pizza Lunch** 9.5  
*Pizza, Fresh Veggies and a Cookie*

- Turkey on Pretzel Roll** 10.5  
*Hormone-free Turkey, Dairy Free Cheese, Lettuce, Tomato, Onion, and condiments*
- Vegan Pretzel Roll** 10  
*Follow Your Heart Vegan Gouda and Mozzarella Cheeses, Lettuce, Tomato, Onion, and condiments*
- Personal Pizza** 7  
*Vegan Cheese on our Handmade Gluten-Free Crust*
- Spring Salad (Seasonal)** 9  
*Spring Mix, Romaine Lettuce, Shredded Carrots, Radish, Pumpkin Seeds, Cranberries, and Croûtons*
- Kale Power Salad (Seasonal)** 9  
*Spring Mix, Kale Slaw, Red Beets, Carrots, Cherry Tomato, and Croûtons*

# SNACKS & SAVORY

## BONUS BUYS

- 4 Pack Breakfast Granola Bars** 14
- Chex Mix** 8.5
- Grissini Bread Straws** 7  
*Thin garlic herb*
- Assorted Crackers** 8  
*Hand rolled with organic hemp seeds*
- Granola Breakfast Bar** 4  
*Pumpkin Spice, Cinnamon Raisin, Blueberry Almond, Maple Pecan*

## What if I'm on a Paleo Diet?

### Try our...

- Grain-Free Cookies** 4  
*Chocolate Chip, Ginger and Vanilla Our grain-free cookies contain almonds and only agave as a sweetener*
- Grain-Free Bread** 13.5  
*Plain, Spinach Basil, Pumpkin, and Sundried Tomato*

## What if I'm Vegan?

98% of our products are Vegan!

### Try our...

- Vegan Bagel Breakfast Sandwich** 9  
*Dairy-free cheese, Tomato and JUST Vegan Patty*
- Vegan Pretzel Roll Sandwich** 10  
*Follow Your Heart Vegan Gouda and Mozzarella Cheeses, Lettuce, Tomato, and Condiments*



7255 South Havana Street, #110  
Centennial, CO 80112

# 303.694.9999

## HOURS

**Tuesday – Friday: 7am – 4pm**  
**Saturday: 8:30am – 4pm**  
**Sunday & Monday: Closed**  
**Holiday Hours Vary**

# MENU



## GLUTEN ESCAPE®

Gluten & Dairy Free Artisan Bakery

*We are a dedicated small batch bakery that is gluten free, dairy free, peanut free, and soy protein free—most of our products are also egg free and vegan. All products are made on site.*

*Specific diet restrictions or planning on making a large order? Call ahead so we can help you!*

# 303.694.9999



# BREADS

## BONUS BUYS

**2 Sandwich Loaves 16.5**

- Sandwich Loaf 9**  
*Multi-grain, Golden, Rosemary Thyme, Basil and Garlic*
- Braided Challah 10**  
*Made Each Friday. Contains Certified Gluten-free Oats. Available in Round Loaves with Raisins at Rosh Hashanah*
- Soda Bread 8**  
*Savory, Citrus, and Spotted Dog (with Raisins)*
- Focaccia 7**  
*Please Ask About Our Flavors*
- Sourdough 9**  
*Made Each Thursday. Please Ask About Our Flavors*
- Ciabatta 13**  
*Garlic Artichoke, Rosemary Sundried Tomato, Olive Oregano, Roasted Red Pepper, Mild Green Chili*
- Grain-Free Bread 13.5**  
*Plain, Spinach Basil, Pumpkin, Sundried Tomato*
- Teff Flat Bread 7**
- 6 Pack Dinner Rolls 10**
- 2 Pack Hand-Rolled Pretzel Buns 7**
- 4 Pack of Burger Buns 7**
- 2 Pack of Thin Buns 5**
- 4 Pack Bread Sticks 7**  
*Please Ask About Our Flavors*

# CAKES

## NOTES

**Minimum 72** business hour notice for all special orders. If available, rush charges may apply for special orders with less than 72 business hours notice.

- House Flavors:** Chocolate, Red Velvet, and Vanilla
- Custom Flavors:** Banana, Carrot, Coconut, Lemon, Blueberry, Raspberry, Spice, Strawberry, Vanilla Chocolate Chip, Vanilla Cinnamon, Chocolate Mint, Mocha, Caramel, Carrot, Black Forest, Salty Caramel, Root Beer, Egg Nog, Strawberry Champagne, Gingerbread, Pumpkin Chocolate Chip, and Banana (Monkey Love)
- Frosting, House Flavors:** Vanilla, Chocolate, Mock Cream Cheese
- Custom Frosting Flavors:** Coconut, Mocha Cappuccino, Lemon and Lime, Strawberry, Mint, and Butterscotch Caramel
- 6" Basic Single Layer Starting at 18**
- 6" Double Specialty Layer Starting at 31**
- 8" Single Layer Starting at 35**
- 8" Double Specialty Layer Starting at 55**
- 10" Single Layer Starting at 60**
- 10" Double Specialty Layer Starting at 75**
- Fruit Fillings Starting at 10**  
*Raspberry, Strawberry or Seasonal*
- Plant-Based Dye Starting at 6**
- Bundt Cakes Starting at 19**
- Angel Food Starting at 16**
- Pineapple Upside Down Cake Starting at 19**
- Wedding and Larger Cakes Please Call**
- Decorating/Writing/Flowers Please Call**
- Corn-Free Options Please Call**

# COOKIES, PASTRIES & BARS

## BONUS BUYS

- 4 Cookie Assortment 11**
- Breakfast Pastry Box 20**  
*6 Cinnamon Rolls, Muffins or Scones*
- Half-dozen Cupcakes 22**
- Dozen Cupcakes Starting at 38**
- 4 Brownies, Blondies, or Jam Bars 16**

- Cookies 3**  
*House Flavors: Chocolate Chip, Double Chocolate Chip, Mock Sour Cream Sugar, Gingersnap, Sweet Potato Snickerdoodle, Pecan Mexican Wedding, Seasonal Flavors as Available*
- Cookie Sandwich 5**  
*Vanilla or Chocolate Whipped Frosting*
- Brownies 4.5**  
*Award-Winning Dark Chocolate, Egg-Free Fudgy Brownie, 'Mock Milk' Chocolate*
- Blondies 4.5**  
*Butterscotch Blondies, Mocha Chocolate Chip Oat, Salty Chocolate Chip Pretzel, and Root Beer Float*
- Seasonal Jam Bars 4.5**  
*Lemon, Strawberry Lemon, Blood Orange, and Peach Mango*
- 8" Pan Brownies, Blondies, & Bars Starting at 17**
- Cupcakes 4**  
*House Flavors: Chocolate, Red Velvet, and Vanilla Custom Flavors Available. See our "Cakes" Section for Details*
- Cake Pops 4.5**  
*House Flavors: Chocolate, Red Velvet, and Vanilla Custom Flavors Available. See our "Cakes" Section for Details*
- Cinnamon Rolls 4**
- 3 Pack of Donuts 4**
- Muffins 4**
- Scones 4**

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# TAKE & BAKE

- Pan of 6 Dinner Rolls 8**
- 2 Pizza Dough Balls 10**
- 12" Pizza Crust 13**
- Pie Dough Ball 6**
- Frozen Pie Shell 8**  
*Savory or Regular*
- Apple Pie 22**
- Peach Pie 25**
- Pumpkin Pie 18**
- Monkey Bread with Drizzle 16**
- Cookie Dough (One Dozen) Starting at 20**
- Cinnamon Rolls 20**
- Muffins 20**



“In the gluten-free world a perfectly textured square of the chocolate confection is hard to come by, but the Gluten Escape has mastered it.”

5280 Magazine



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