

M E N U



GLUTEN ESCAPE[®]

Gluten & Dairy Free Artisan Bakery

We are a dedicated small batch bakery that is gluten free, dairy free, peanut free, and soy protein free—most of our products are also egg free and vegan. All products are made on site.

Specific diet restrictions or planning on making a large order? Call ahead so we can help you!

303.694.9999



What if I'm on a Paleo Diet?

Try our...

Grain-Free Cookies	4
<i>Chocolate Chip, Ginger and Vanilla</i>	
<i>Our grain-free cookies contain almonds and only agave as a sweetener</i>	
Grain-Free Bread	13.5
<i>Plain, Spinach Basil, Pumpkin, and Sundried Tomato</i>	

What if I'm Vegan?

98% of our products are Vegan! Look for the orange dot ●

Try our...

Vegan Bagel Breakfast Sandwich	9
<i>Dairy-free cheese, Tomato and JUST Vegan Patty</i>	
Vegan Pretzel Roll Sandwich	10
<i>Follow Your Heart Vegan Gouda and Mozzarella Cheeses, Lettuce, Tomato, and Condiments</i>	



7255 South Havana Street, #110
Centennial, CO 80112

303.694.9999

HOURS

Tuesday – Friday: 7am – 4pm
Saturday: 8:30am – 4pm
Sunday & Monday: Closed
Holiday Hours Vary

BREAKFAST

BONUS BUYS

4 Bagels with Topping	20
Breakfast Pastry Box (6 items)	20
<i>Mix & Match: Cinnamon Rolls, Muffins or Scones</i>	

Bagel with Toppings	5.5
<i>Choice of: Kosher Salt, Everything Mix, Cinnamon Sugar, or Blueberry with your Choice of Schmear: Cream Cheese, Dairy-free Cream Cheese, or Earth Balance</i>	

Bagel Sandwiches (Call ahead for availability)

Bagel and Egg with Dairy-free Cheese and Turkey Bacon	9
Vegan - Dairy-free Cheese, Tomato and JUST Vegan Patty	9

Cinnamon Rolls	4
Muffins	4
Scones	4
3 Pack of Donuts	4

TREATS

BONUS BUYS

Sweet Tooth Assortment	15
<i>One cupcake, one brownie or bar, one cookie and one breakfast item (excluding bagel sandwiches)</i>	

Cookies	3
<i>House Flavors: Chocolate Chip, Double Chocolate Chip, Mock Sour Cream Sugar Cookie, Gingersnap, Sweet Potato Snickerdoodle, Pecan Mexican Wedding, Seasonal Flavors as Available</i>	
Cookie Sandwich	5
<i>Vanilla or Chocolate Whipped Frosting</i>	
Brownies	5
<i>Award-Winning Dark Chocolate, Egg-Free Fudgy Brownie, 'Mock Milk' Chocolate, Seasonal: Black Forest with Organic Cherries</i>	
Cupcakes	4
<i>House Flavors: Chocolate, Red Velvet, and Vanilla</i>	
<i>Custom Flavors Available. See our "Cakes" Section for Details</i>	

LUNCH

BONUS BUYS

Sandwich Lunch	13
<i>Sandwich, Chips, and a Cookie</i>	
Sub Fresh Veggies	.5
Pizza Lunch	9.5
<i>Pizza, Fresh Veggies and a Cookie</i>	

Turkey on Pretzel Roll	10.5
<i>Hormone-free Turkey, Dairy Free Cheese, Lettuce, Tomato, Onion, and condiments</i>	
Vegan Pretzel Roll	10
<i>Follow Your Heart Vegan Gouda and Mozzarella Cheeses, Lettuce, Tomato, Onion, and condiments</i>	
Personal Pizza	7
<i>Vegan Cheese on our Handmade Gluten-Free Crust</i>	
Spring Salad (Seasonal)	9
<i>Spring Mix, Romaine Lettuce, Shredded Carrots, Radish, Pumpkin Seeds, Cranberries, and Croûtons</i>	
Kale Power Salad (Seasonal)	9
<i>Spring Mix, Kale Slaw, Red Beets, Carrots, Cherry Tomato, and Croûtons</i>	

SNACKS & SAVORY

BONUS BUYS

4 Pack Breakfast Granola Bars	14
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Chex Mix	8.5
Grissini Bread Straws	7
<i>Thin garlic herb</i>	
Assorted Crackers	8
<i>Hand rolled with organic hemp seeds</i>	
Granola Breakfast Bar	4
<i>Pumpkin Spice, Cinnamon Raisin, Blueberry Almond, Maple Pecan</i>	

BREADS

BONUS BUYS

2 Sandwich Loaves **16.5**

Sandwich Loaf	9
<i>Multi-grain, Golden, Rosemary Thyme, Basil and Garlic</i>	
Braided Challah	10
<i>Made Each Friday. Contains Certified Gluten-free Oats. Available in Round Loaves with Raisins at Rosh Hashanah</i>	
Soda Bread	8
<i>Savory, Citrus, and Spotted Dog (with Raisins)</i>	
Focaccia	7
<i>Please Ask About Our Flavors</i>	
Sourdough	9
<i>Made Each Thursday. Please Ask About Our Flavors</i>	
Ciabatta	13
<i>Garlic Artichoke, Rosemary Sundried Tomato, Olive Oregano, Roasted Red Pepper, Mild Green Chili</i>	
Grain-Free Bread	13.5
<i>Plain, Spinach Basil, Pumpkin, Sundried Tomato</i>	
Teff Flat Bread	7
6 Pack Dinner Rolls	10
2 Pack Hand-Rolled Pretzel Buns	7
4 Pack of Burger Buns	7
2 Pack of Thin Buns	5
4 Pack Bread Sticks	7
<i>Please Ask About Our Flavors</i>	

CAKES

NOTES

Minimum 72 business hour notice for all special orders. If available, rush charges may apply for special orders with less than 72 business hours notice.

House Flavors: Chocolate, Red Velvet, and Vanilla	
Custom Flavors: Banana, Carrot, Coconut, Lemon, Blueberry, Raspberry, Spice, Strawberry, Vanilla Chocolate Chip, Vanilla Cinnamon, Chocolate Mint, Mocha, Caramel, Carrot, Black Forest, Salty Caramel, Root Beer, Egg Nog, Strawberry Champagne, Gingerbread, Pumpkin Chocolate Chip, and Banana (Monkey Love)	
Frosting, House Flavors: Vanilla, Chocolate, Mock Cream Cheese	
Custom Frosting Flavors: Coconut, Mocha Cappuccino, Lemon and Lime, Strawberry, Mint, and Butterscotch Caramel	
6" Basic Single Layer	<i>Starting at 18</i>
6" Double Specialty Layer	<i>Starting at 31</i>
8" Single Layer	<i>Starting at 33</i>
8" Double Specialty Layer	<i>Starting at 40</i>
10" Single Layer	<i>Starting at 40</i>
10" Double Specialty Layer	<i>Starting at 55</i>
Fruit Fillings	<i>Starting at 10</i>
<i>Raspberry, Strawberry or Seasonal</i>	
Plant-Based Dye	<i>Starting at 6</i>
Bundt Cakes	<i>Starting at 19</i>
Angel Food	<i>Starting at 16</i>
Pineapple Upside Down Cake	<i>Starting at 19</i>
Wedding and Larger Cakes	<i>Please Call</i>
Decorating/Writing/Flowers	<i>Please Call</i>
Corn-Free Options	<i>Please Call</i>

COOKIES, PASTRIES & BARS

BONUS BUYS

4 Cookie Assortment	11
Breakfast Pastry Box	20
<i>6 Cinnamon Rolls, Muffins or Scones</i>	
Half-dozen Cupcakes	22
Dozen Cupcakes	<i>Starting at 38</i>
4 Brownies, Blondies, or Jam Bars	16

Cookies	3
<i>House Flavors: Chocolate Chip, Double Chocolate Chip, Mock Sour Cream Sugar, Gingersnap, Sweet Potato Snickerdoodle, Pecan Mexican Wedding, Seasonal Flavors as Available</i>	
Cookie Sandwich	5
<i>Vanilla or Chocolate Whipped Frosting</i>	
Brownies	4.5
<i>Award-Winning Dark Chocolate, Egg-Free Fudgy Brownie, 'Mock Milk' Chocolate</i>	
Blondies	4.5
<i>Butterscotch Blondies, Mocha Chocolate Chip Oat, Salty Chocolate Chip Pretzel, and Root Beer Float</i>	
Seasonal Jam Bars	4.5
<i>Lemon, Strawberry Lemon, Blood Orange, and Peach Mango</i>	
8" Pan Brownies, Blondies, & Bars	<i>Starting at 17</i>
Cupcakes	4
<i>House Flavors: Chocolate, Red Velvet, and Vanilla Custom Flavors Available. See our "Cakes" Section for Details</i>	
Cake Pops	4.5
<i>House Flavors: Chocolate, Red Velvet, and Vanilla Custom Flavors Available. See our "Cakes" Section for Details</i>	
Cinnamon Rolls	4
3 Pack of Donuts	4
Muffins	4
Scones	4

HOURS

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TAKE & BAKE

Pan of 6 Dinner Rolls	8
2 Pizza Dough Balls	10
12" Pizza Crust	13
Pie Dough Ball	6
Frozen Pie Shell	8
<i>Savory or Regular</i>	
Apple Pie	22
Peach Pie	25
Pumpkin Pie	18
Monkey Bread with Drizzle	16
Cookie Dough (One Dozen)	<i>Starting at 20</i>
Cinnamon Rolls	20
Muffins	20



“In the gluten-free world a perfectly textured square of the chocolate confection is hard to come by, but the Gluten Escape has mastered it.”

5280 Magazine



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